What to Bring & Not Bring

To Summer & Winter Camp Sessions

The lists below indicate items that are Essential, Recommended and Prohibited during Camp and Retreat sessions at Central Florida Bible Camp. Please label everything with your child's name.

Essential Items to Bring

- ☐ Sleeping bag or sheets for a twin-size bed
- ☐ Towel
- ☐ Clothing for outdoor activities: one outfit for each day you will be here. Clothing, including swimsuit, must be modest & conform to CFBC's dress code (see below). **This dress code will be enforced.** Individuals will be asked to change if their clothing is deemed to be inappropriate.
  - Shorts must be at least mid-thigh in length. All pants cannot be too low on hips or too tight. No leggings or yoga pants are permitted outside of the cabin.
  - Shirts or tops must have sleeves and not be low-cut or show the stomach.
  - Skirt and slit lengths must be close to the knee or longer.
  - Slogans or ads on clothing must not promote non-Christian values.
  - Swim wear must be covered going to & from the pool.
  - Shoes must be worn at all times outside of the cabin. Close-toed shoes are needed for many activities.
- ☐ Toiletries, including bath soap & soap container, deodorant, toothbrush & toothpaste, comb or brush, shampoo & cream rinse, shaving gear, & feminine products
- ☐ Bible: please bring a "paper" Bible. Cell phones and other electronic devices are not permitted.
- ☐ Prescription Medications that the camper is currently taking. ALL medications MUST BE in their original containers and MUST BE turned in to the Camp Nurse who will administer the medications as indicated on the camper's Medical History form (completed online by a parent).

Recommended Items to Bring

- ☐ Pillow & pillowcase
- ☐ Light blanket
- ☐ Washcloth
- ☐ Poncho or other rain-gear
- ☐ Hat
- ☐ Sunglasses
- ☐ Sunblock
- ☐ Bug spray
- ☐ Flashlight & batteries
- ☐ Reusable water bottle
- ☐ Notepad & pen
- ☐ Canteen money (approx. $5/day s/b enough)
- ☐ Money for Canteen snacks. The canteen may be open at various intervals throughout the day as decided by that Session's Coordinator. The camp provides some free drinks and snacks for campers so that they can remain hydrated and refreshed. Additionally, other items, such as sodas, chips, and candies, are available for a nominal charge. $5/day should be sufficient for each camper to purchase snack items from the canteen.

Do NOT Bring These Items – They Are Prohibited

- Alcohol, tobacco in any form, cigarettes, e-cigarettes/vaporizers, illegal drugs, drug paraphernalia, and medications prescribed to another person
- Weapons of any kind (even pocketknives), fireworks, lighters and matches
- Energy drinks (Dehydration is a serious concern at Camp sessions, but energy drinks may actually increase dehydration due to their high caffeine & sugar content)
- Electronic devices:
  - Campers and Jr. Staff may not have electronic devices of any kind. Any devices brought to camp will be taken up and stored for the duration of the session.
  - Adult Staff may keep cell phones but are encouraged to limit their use as much as possible, as well as, to not use them when campers are nearby. Staff should never allow Campers to use their phone unless closely supervised and for official, authorized phone calls to parents only.